



Volume VII
Book A Medical Staff
Chapter Medical Staff Approved Policies
Policy Number XX

Last Revised: xx/xx/xx

MEDICATION TITRATED ORDERS POLICY

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| PURPOSE | This policy is to establish guidelines for medication titrated orders. |
| POLICY STATEMENT | <p>Titrated orders are those in which the medication dose is progressively increased or decreased in response to the patient's status.</p> <p>Titrated orders shall include the starting medication dose, assessment parameters, and final endpoint.</p> |
| SCOPE | This policy covers medication orders for titrated dosing orders issued by physicians and authorized prescribers for all patients at M.D. Anderson Cancer Center |
| DEFINITIONS | Titrated Orders – Orders in which the medication dose is progressively increased or decreased in response to the patient's status. |

MEDICATION TITRATED ORDERS PROCEDURE

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| Titrated order requirements | <ol style="list-style-type: none">1. Titrated orders are a type of medication order for which the following apply:<ul style="list-style-type: none">●the medication dose may be progressively increased or decreased in response to the patient's status.●the components of the titrated order include the starting medication dose, assessment parameters, and final endpoint.2. The following apply to the administration of titrated orders:<ul style="list-style-type: none">●the administration of the medication dose shall begin with the starting dose specified●the patient status shall be monitored according to the assessment parameters and endpoint specified |
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Examples – Acceptable titrated orders:

- Start nitroglycerin infusion at 5mcg/min IV. Titrate by 5mcg/min every 5 minutes to keep systolic blood pressure less than 160 mmHg and greater than 110 mmHg
- Start Dopamine at 5mcg/kg/min. Titrate infusion rate every 15 minutes to maintain MAP of 60-80 mmHg

Examples – Unacceptable titrated orders:

- Start norepinephrine infusion titrated to a MAP greater than 65

3. The nurse may initiate emergency measures (such as altering the titration schedule or stopping a medication) in the event that the patient becomes hemodynamically unstable.

Clarification

4. Titrated orders that do not meet the requirements specified must be clarified with the prescriber.

Documentation

5. Medication titrated orders will be documented in the same manner as other medication orders and administration of medications for the patient in accord with institution policy.

REFERENCES:

1. JCAHO Standard MM 3.20
2. MDACC Safety Standards for Medication Use

Approvals:

| | | |
|---|--|-------------------|
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History

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