

INFORMATION ABOUT SELF- ADMINISTRATION OF MEDICINES



Self-administration allows you to take your own medicines as you did at home. We want to help you to maintain your independence and confidence and improve your knowledge about your medicines.

We ask you to read and sign this leaflet before you start to self-administer so that you understand our system.

Please ask a nurse, doctor or pharmacist if you would like more information on your medicines at any time.

Before you continue or resume taking your own medicines you will have the chance to discuss exactly what is involved with the nurses from your team. Self-administration is not compulsory – if at any time during your stay you would prefer to discontinue self-administering please inform your nurse.

If you do wish to self-administer a trained nurse or pharmacist will;

1. Explain self-administration to you fully
2. Explain which medicines you will be taking
3. Ensure that you are clear about the reason for taking each medicine
4. Ensure that you are clear about the dosage
5. Ensure that you are aware of any possible side effects
6. Ensure that you can manage the containers provided

We will continue to use medicines you have brought from home if they are clearly labelled and identifiable. If you start on a new medicine or your own supply runs out, you will be supplied with replacements from our pharmacy.

There is an individual cupboard above your bed where your medicines will be stored. You will be given the key and will be responsible for it. The nurse also has a key.

PLEASE DO NOT GIVE THE KEY TO ANYONE
ELSE

A nurse will ask you regularly if you have taken your medication. Please inform us if there have been any changes e.g. you may have forgotten to take a tablet or decided to take a lower dose for some reason.

I HAVE READ THIS INFORMATION SHEET AND
REQUEST THAT I SELF- ADMINISTER MY
MEDICINES. I UNDERSTAND THAT THIS WILL
BE REGULARLY REVIEWED AND THAT I CAN
DISCONTINUE AT ANY TIME IF I WISH.

Signed.....

Patient's name.....

Date..... Ward