

LOROS

Hospice Care for Leicestershire & Rutland

The Leicestershire &
Rutland Hospice
Groby Road
Leicester
LE3 9QE

Contact Outpatients
Department or the Ward after
5pm

Telephone:

0116 231 8451

or

0116 231 3771

(Main Switchboard)

Fax: 0116 231 8449

Website: www.loros.co.uk

In case of comment or complaint, contact:

Michael Archer
Chief Executive
Or
Chris Faulkner
Matron
LOROS
Groby Road
Leicester
LE3 9QE

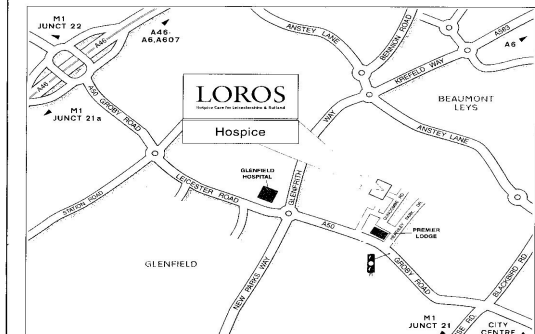
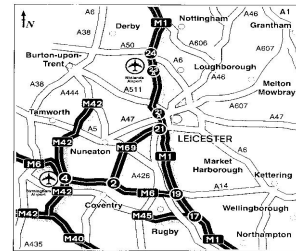
CHAI
Maid Marion House
56 Hounds Gate
Nottingham
NG1 6BE

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Hospice Care for Leicestershire & Rutland

LOROS
LEICESTERSHIRE & RUTLAND
HOSPICE
Groby Road
Leicestershire, LE3 9QE

Tel: 0116 231 3771
Fax: 0116 232 0312



Directions to the Leicestershire Hospice (LOROS)

The Leicestershire Hospice is situated off the Groby Road (A50), Leicester.

Using Motorways: **M1 / M69 Junction 21**

Then take A563 Outer Ring Road
At island with A50, take 4th exit onto A50 towards Leicester City.
Turn left at next traffic lights into Heathley Park Development.
Take first left (Duncombe Road) and follow the road round until you come to the LOROS entrance.

M1 Junction 22

Take A50 towards Leicester
At 4th roundabout, Leics County Council, County Hall is on left-hand side.
At next roundabout, Glenfield General Hospital on left, take 3rd exit (still on A50) towards Leicester City.
Turn left at next traffic lights into Heathley Park Development.
Take first left (Duncombe Road) and follow the road round until you come to the LOROS entrance.

From the East:

A46 from Newark

At new Leicester Western bypass roundabout (Hobby Horse pub visible from roundabout), turn right onto A46 North & West (also signed for M1 / M69).
Take 2nd exit off A46 signed Anstey & Beaumont Leys.
At roundabout take 2nd exit (Gynsills Lane).
At A50 roundabout take 2nd exit (first one goes into County Hall) onto A50 towards Leicester City.
At next roundabout take 3rd exit still on A50 towards Leicester City.
Turn left at next traffic lights into Heathley Park Development.
Take first left (Duncombe Road) and follow the road round until you come to the LOROS entrance.

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ZOLEDRONIC ACID

INFORMATION

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WHAT IS ZOLEDRONIC ACID?

It is a drug used to:

- Relieve bone pain
- Reduce high levels of calcium in the blood

BEFORE TREATMENT:

Tell the doctor:

- About any problems you have had with your liver, kidneys, heart, jaw or teeth.
- What medicines you have recently taken

Tell your dentist that you are having this drug. Ideally, see a dentist before treatment if you have problems with your teeth.

To prevent dehydration, you may be asked to ensure you have adequate fluid intake before treatment.

DO NOT have this drug if you are allergic to it, or are pregnant or breast feeding.

TREATMENT

- A doctor will see you at clinic.
- You will need to have a blood test during the week before your appointment at your GP's Surgery.
- The Zoledronic Acid infusion into a vein takes about 15 to 20 minutes.
- Some patients need further treatment. Your doctor will discuss this.

If you are one of the patients without high levels of calcium in your blood, we will ask your GP to prescribe a Calcium and Vitamin D supplement.

POTENTIAL SIDE EFFECTS

The most common side effects are generally mild and do not last long.

Less than 1 in 10 people have reported the following side effects:

Flu-like symptoms, bone pain, fever, tiredness, nausea, vomiting, conjunctivitis, skin rash, chest pain, changes in tests of kidney function.

Please inform your GP about these if they persist and inform the LOROS Doctor.

Uncommonly, some patients have problems affecting the jaw bone. If you develop any symptoms in or around the mouth or jaw, tell your doctor and dentist immediately.

For further information, contact your doctor, nurse or pharmacist.