

BORDERS PALLIATIVE CARE NETWORK



PRESCRIBING CONTROLLED DRUGS ON A SLIDING SCALE USING THE PALLIATIVE CARE KARDEX

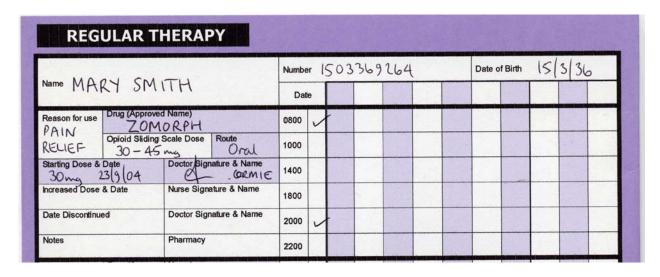
Introduction

The Palliative Care Kardex (Patient Held Medicine Chart) has been designed to allow prescribing of

- Opioid drugs using the sliding scale protocol
- Any drug at a fixed dose

Doctors

- Enter the name of the controlled drug
- in the "Dose/Sliding Scale" box enter the sliding scale dose of the opioid drug e.g. 30 45 mg
- the prescribing doctor should ensure that the patient has sufficient capsules of appropriate strength to enable the prescribed sliding scale increase eg a patient on Zomorph 30mg bd could be prescribed 30 mg and 10mg capsules allowing an increase from 30mg bd to 40mg bd
- enter the starting dose and date e.g. 30 mg 23.9.04
- for "Regular Therapy" indicate the route and times of dosages
- for "As Required Therapy" indicate the route, frequency and any instructions on when it is to be used e.g. 2 hourly PRN for pain
- sign the prescription



Fields coloured lilac must be completed for all prescriptions.

Nurses

- a nurse may alter the dose of an opioid drug using the sliding scale protocol only
 if he/she has completed the BPCN training and assessment programme and
 been issued with a certificate of competency
- if an increased dose of the controlled drug is indicated enter the increased dose and the date of increase in the appropriate box eg 40 mg 27.9.04. The maximum dose that can be prescribed is the maximum stated in the "Sliding Scale Dose" box (45mg in the example below).
- put a single line through the starting dose and date
- sign the prescription

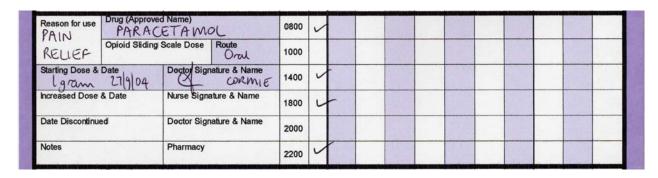
N M O .	221 C24	Name MARY CMITH			Number 1503369264								151	3 31	0
Name MA	Opioid Sliding Scale Dose Route 30 - 45 mg Oran rting Dose & Date Oran Oran		Dat	ie	23/9	24/9	25/9	26/9	27/9						
Reason for use				0800	V		sm	SM	6L	EST 40 m					
RELIEF	Opioid Sliding	Scale Dose	Route	1000											
		ature & Name	1400												
		Nurse Signa	Toves	1800							5				
	Date Discontinued		Doctor Signature & Name		~	GB	PT	EY	EB			18			
Notes		Pharmacy		2200					7-12-77						

Administering drugs to patients

- only the dose prescribed in either the starting dose box or the increased dose box can be administered to the patient ie the dose is fixed and can only be changed by an appropriately trained nurse on one occasion.
- Further increases require a new prescription to be written by a doctor.

OTHER EXAMPLES

1. Non Opioid Prescription



2. Original Prescription

Name MARY SMITH		Number 1503369264					Date of Birth 15/3/36					
Reason for use Drug (Appro		ed Name) ORPH										
	Opioid Sliding	Scale Dose	Max in 24 hours	Date								
Frequency & Instruction 2 HOURLY PRN FOR PAIN		Route	Pharmacy	Time								
Starting Dose & Date		Doctor Sign	nature & Name	Dose								
Increased Dose & Date		Nurse Signature & Name		Given by								
Date Discontinu	ed	Doctor Sign	nature & Name									

3. Increased Prescription

Name MARY SMITH				Number 1503369264						Date of Birth 15/3/36				
PALN	ORAME	Name)												
b-11-0	Opioid Sliding	Scale Dose	Max in 24 hours	Date	26/9	219	29/9	29,4.						
Frequency & Instruction 2 HOURT PRN FOR PAIN		Route	Pharmacy	Time	15:00	U100	06:00	20:00						
Starting Dose & Date		Doctor sign	nature & Name COLMIE	Dose	10-	امی	100	15mg						
Increased Dose & Date			ature & Name	Given by	EJ	SIB	SB	IJ.						
Date Discontinued			nature & Name											

4. Subcutaneous Infusion

		ed Name) ORPHINE	0800					
		Scale Dose Route SUBUT	1000					
Starting Dose & Date		Doctor Signature & Name CORMIE	1400					
Increased Dose & Date		Nurse Signature & Name	1800					
Date Discontinued		Doctor Signature & Name	2000					
Notes		Pharmacy	2200					