

CENTRAL NOTTINGHAMSHIRE MACMILLAN NURSING
(SPECIALIST PALLIATIVE CARE)
REFERRAL GUIDELINES

Routine referrals will be accepted by the Macmillan Team Monday to Friday within normal working hours. Specialist palliative care advice is available from the Macmillan Team at weekends and bank holidays.

- ❑ Referrals to the Macmillan Team are accepted for patients within the GP registered practices of Mansfield, Ashfield and Newark and Sherwood PCT's, over 16 years of age.
- ❑ Referrals can be for either hospital or community Macmillan Nursing Services.
- ❑ Referrals to the Macmillan Team can be made by patients, relatives or any health care professionals.
- ❑ Referrals must be with the full knowledge of the lead professional undertaking the patient's current care and management.
- ❑ Referrals to see the patient must be with their full knowledge.
- ❑ Referrals can be made by phone or letter.
- ❑ Referrals will be for any patient with a diagnosis of cancer at any stage of the disease process, requiring specialist palliative care. Not every cancer patient will require intervention from the Macmillan Team.
- ❑ Referrals will be considered for patients with non-malignant illnesses entering the final phase of care, who require specialist palliative care advice in line with level one and two interventions (see later).
- ❑ Referrals will be considered for patients with complex physical symptoms who have not responded to initial measures following assessment.
- ❑ Referrals will be considered for patients or their carers/relatives requiring additional psychological support and/information.
- ❑ The Macmillan Nursing Service offers bereavement support to the families/carers known to their service. In addition referrals will be considered for others requiring bereavement support.
- ❑ Referrals will be considered for staff who require emotional support to facilitate the effective care for the above patient groups.
- ❑ Referrals will be acted upon in accordance with the following levels of intervention and the Macmillan Service referral standard. The levels of intervention for Macmillan Nurses are:
 - Level 1 – Advice, information and support may be accessed directly with the Macmillan Nurses. No contact with the patient will be made.

- Level 2 – This involves a single consultative visit for advice. No further contact will be made with the patient unless otherwise requested.
- Level 3 – Short-term intervention by the Macmillan Nurse with the patient or family may be desirable when specific problems require several visits. The intention is then to withdraw and place on review. Further referral may be made later if necessary.
- Level 4 – Longer-term involvement may be necessary for some patients and families who have multiple or complex ongoing problems. Regular evaluation and reassessment is necessary to identify needs. The focus of this level continues to be working in partnership with others involved in the patient's care.

□ Referrals can be discussed with any member of the Macmillan Nursing Team.

- Jo Thraves and Pat Grundy – Mansfield and Ashfield Community Macmillan Nurses
Tel: 01623 622626 at John Eastwood Hospice
- Sharon Turton and Lynne Sargeant - Mansfield and Ashfield Hospital Macmillan Nurses
Tel: 01623 622626 at John Eastwood Hospice
- Val White and Elaine Blinks Julian Broderick– Newark Hospital and Community Macmillan Nurses
Tel: 01636 685881/685776 at Newark Hospital
- Jo Grendon - Mansfield and Ashfield Macmillan Nurse (Lung Cancer)
Tel: 01623 622626 at John Eastwood Hospice

* Please provide the following information:-
Biographical details, consultant and GP, diagnosis, reason for referral, current treatment and/or problems, and any other MDT involvement.

October 2004