

## Collated list of resources for COVID-19 in palliative care (Version 12)

This evolving document seeks to collate resources for COVID-19 in palliative care. Changes from the previous version are highlighted in red text. We encourage you to send website links or other documents that may be of use to [hq@palliativedrugs.com](mailto:hq@palliativedrugs.com) and we will add them to this list.

Also see the following sections of the palliativedrugs.com website:

- [Bulletin board](#) for discussions between palliative care colleagues
- [Document library](#) for other documents donated specifically to us for sharing.

### UK resources and guidelines

Title	Organisation	Link	Document date	Notes
<b>Specific COVID-19 resources</b>				
COVID-19 and Palliative, end of life and bereavement care in secondary care	Northern Care Alliance NHS Group and Association for Palliative Medicine	<a href="https://apmonline.org">https://apmonline.org</a>	20 April 2020 (V04)	
Priority medicines for palliative and end of life care during a pandemic	Association for Palliative Medicine, Royal College of General Practitioners, Association of Supportive and Palliative Care Pharmacy, Hospice UK	<a href="https://apmonline.org">https://apmonline.org</a>	01 May 2020	
End of life care guidance when a person is imminently dying from COVID-19 lung disease	Scottish Partnership for Palliative Care	<a href="http://www.palliativecareguidelines.scot.nhs.uk">www.palliativecareguidelines.scot.nhs.uk</a>	25 August 2020	On-line documents
Alternatives to regular medication normally given via a syringe pump when this is not available			18 June 2020	Condensed guideline and patient information leaflets also available
Coronavirus (COVID-19): reuse of medicines in a care home or hospice	Department of Health and Social Care	<a href="https://www.gov.uk/government/publications">https://www.gov.uk/government/publications</a>	28 April 2020	Standard operating procedure

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Managing the supportive care needs of those affected by COVID-19	Collaboration of UK and International palliative care specialists	<a href="https://erj.ersjournals.com">https://erj.ersjournals.com</a>	09 April 2020	Published article in the European Respiratory Journal
Caring for your dying relative at home with COVID-19	Hospice UK	<a href="https://www.hospiceuk.org">https://www.hospiceuk.org</a>	April 2020	Also available to download as a pdf
Community, palliative, end of life and bereavement care in the COVID-19 pandemic  Changes to death certification	Royal College of General Practitioners	<a href="https://elearning.rcgp.org.uk">https://elearning.rcgp.org.uk</a>	March 2020 (V03)	Other documents include: <ul style="list-style-type: none"> <li>COVID-19 EOLC community charter</li> <li>guidance on DVA in the context of EOLC in the COVID-19 pandemic</li> </ul>
COVID-19 rapid guideline NG163: Managing symptoms (including at the end of life) in the community)	NICE	<a href="http://www.nice.org.uk/covid-19">www.nice.org.uk/covid-19</a>	Updated 13 October 2020	Other COVID-19 rapid guidelines include: <ul style="list-style-type: none"> <li>critical care, dialysis service delivery, delivery of systemic anticancer treatment, radiotherapy, haematopoietic stem cell transplantation</li> </ul> Rapid evidence summaries include: <ul style="list-style-type: none"> <li>acute use or chronic use of NSAIDs for people with or at risk of COVID-19</li> </ul>
Clinical guide for the management of palliative care in hospital during the coronavirus pandemic	NHS England	<a href="http://www.england.nhs.uk">www.england.nhs.uk</a>	22 April 2020 (V02)	Website contains resources for other specialities in secondary care including: <ul style="list-style-type: none"> <li>cancer treatment, critical care and radiology</li> </ul>
Guidance on lung cancer and mesothelioma  Shielding people with interstitial lung disease	British Thoracic Society	<a href="https://www.brit-thoracic.org.uk">https://www.brit-thoracic.org.uk</a>	Various	Website also contains other resources for the respiratory community including: <ul style="list-style-type: none"> <li>supporting informal carers during the COVID-19 pandemic</li> <li>provision of pleural services during the COVID-19 pandemic</li> </ul>

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Managing breathlessness at home during the COVID-19 outbreak	Cicely Saunders Institute of Palliative Care	<a href="https://www.kcl.ac.uk/cicelysaunders">https://www.kcl.ac.uk/cicelysaunders</a>	March 2020	Website also contains links to several palliative care articles published by or in conjunction with the Cicely Saunders Institute
Oxford COVID-19 evidence service	Centre for Evidence Based Medicine	<a href="https://www.cebm.net">https://www.cebm.net</a>	Various	COVID-19 and palliative care evidence articles including advance care planning, access to out of hours
Symptom management using non-oral and non-parenteral routes for administration of medication	Association of Supportive and Palliative Care	<a href="https://elearning.rcgp.org.uk">https://elearning.rcgp.org.uk</a>	15 April 2020 (V01)	
<b>COVID-19 local guidelines</b>				
COVID-19 End of life care PGD	Isle of Wight CCG, NHS trust and Mountbatten hospice	<a href="https://www.palliativedrugs.com">https://www.palliativedrugs.com</a>	31 March 2020	Available to members on the Document library (Topic COVID-19); PGD checklist also available
COVID-19 management of end of life symptoms – community settings	Wessex Palliative Care Physicians	<a href="https://www.futureplanning.org.uk">https://www.futureplanning.org.uk</a>	24 March 2020	
Quick Clinical Guide: Symptom relief in COVID-19 (last days–hours of life)	Nottingham University Hospitals	<a href="https://www.palliativedrugs.com">https://www.palliativedrugs.com</a>	24 March 2020	Available to members on the Document library (Topic COVID-19)
Guidance for prescribing and administering PRN medication when a person is imminently dying from COVID-19 lung disease	NHS Forth Valley	<a href="https://www.palliativecareguidelines.scot.nhs.uk">https://www.palliativecareguidelines.scot.nhs.uk</a>	June 2020	Document to download
<b>Related useful resources</b>				
Mixing critical care injectable medicines together in a syringe during COVID-19	NHS Specialist Pharmacy Service	<a href="https://www.sps.nhs.uk">https://www.sps.nhs.uk</a>	Updated 24 June 2020	Website also contains other medicines-based resources, including: <ul style="list-style-type: none"> <li>• preparation of injectable medicines at the ITU bedside</li> <li>• batch worksheets for S10 preparation of injectable medicines for ICU</li> <li>• summaries of COVID-19 medicines guidance for specialities</li> </ul>

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List of patient resources for breathlessness	Wolfson Palliative Care Research Centre, Hull/York Medical School	<a href="https://www.hyms.ac.uk">https://www.hyms.ac.uk</a>	26 March 2020	
Factsheets for people hospitalised with COVID-19 and for family/friends (23 languages)	Cicely Saunders Institute of Palliative Care & European Lung Foundation	<a href="https://www.europeanlung.org">https://www.europeanlung.org</a>	May 2020	
End of life care toolkits for carers at home	Helix project	<a href="https://helixcentre.com">https://helixcentre.com</a>	Various	Website contains: <ul style="list-style-type: none"> <li>• Carer administration of as-needed subcutaneous injections</li> <li>• Practical care for a dying person</li> </ul>
Carer administration of as needed subcutaneous medication for common breakthrough symptoms in home based dying people in Wales (CARIAD package)	Palliative Care Wales	<a href="https://wales.pallcare.info">https://wales.pallcare.info</a>	Various	Package of multiple documents available for download
Informal carer's administration of as required subcutaneous injections in community palliative care	Derbyshire Alliance for End of Life Care	<a href="https://derbyshire.eolcare.uk">https://derbyshire.eolcare.uk</a>	1 April 2019	Accompanying You Tube videos <a href="https://www.youtube.com">https://www.youtube.com</a>
Policy for patient or carer administration of subcutaneous medication (palliative care)	Harrogate and District NHS CCG	<a href="https://www.harrogateandruraldistrictccg.nhs.uk">https://www.harrogateandruraldistrictccg.nhs.uk</a>	June 2018	Also available to members on the <a href="http://www.palliativedrugs.com">http://www.palliativedrugs.com</a> Document library (Topic: Medication issues, Carer administration) along with a PIL and patient consent form
End of life care planning and medicines optimisation	Care Quality Commission	<a href="http://www.cqc.org.uk">www.cqc.org.uk</a>	02 April 2020	
The top ten messages for supporting healthcare staff during the COVID-19 pandemic	Royal College of Psychiatrists	<a href="https://www.rcpsych.ac.uk">https://www.rcpsych.ac.uk</a>	Not dated	
Coronavirus (COVID-19) Resources to support staff with difficult conversations and end of life care	NHS Health Education England	<a href="https://portal.e-lfh.org.uk">https://portal.e-lfh.org.uk</a>	02 April 2020	Training resource, open access; other COVID-19 related topics available
Video based communication training in end of life care	Real Talk	<a href="https://www.realtalktraining.co.uk">https://www.realtalktraining.co.uk</a>	Various	Resources include: <ul style="list-style-type: none"> <li>• a new communication tool to help conversations when staff are wearing PPE</li> </ul>

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				<ul style="list-style-type: none"> <li>how to have urgent conversations about withdrawing and withholding life-sustaining treatments in critical care – including phone and video calls</li> <li>giving news of a patient's death to a loved one</li> </ul>
COVID-19 Series webinars	Royal Society of Medicine	<a href="http://www.rsm.ac.uk">www.rsm.ac.uk</a>	Ongoing	Free regular webinars on the latest developments
Coronavirus: Latest updates, advice and information for pharmacy	Royal Pharmaceutical Society	<a href="http://www.rpharms.com/coronavirus">www.rpharms.com/coronavirus</a>	Various	Also contains guidance on contingency legislation to enable the supply of controlled drugs
Clinical frailty scale	British Geriatrics Society	<a href="https://www.bgs.org.uk">https://www.bgs.org.uk</a>	2008	

## Non-UK resources and guidelines

Title	Organisation	Link	Document date	Notes
<b>Specific COVID-19 resources</b>				
Resources relevant to palliative care and COVID-19	IAHPC	<a href="http://globalpalliativecare.org">http://globalpalliativecare.org</a>	Various	Links to resources published by academia, civil society organizations, members states and special agencies of the United Nations
Coronavirus and the palliative care response	EAPC	<a href="https://www.eapcnet.eu">https://www.eapcnet.eu</a>	Various	Regularly updated list of resources from other countries
COVID-19 Response training	Centre to advance palliative care, USA	<a href="https://www.capc.org/training">https://www.capc.org/training</a>	Various	Training courses, protocols and response resources
Resources to address coronavirus disease 2019 (COVID-19)	AAHPM	<a href="http://aahpm.org">http://aahpm.org</a>	Various	
Palliative care in Bologna during the COVID-19 crisis	EAPC blog	<a href="https://eapcnet.wordpress.com">https://eapcnet.wordpress.com</a>	22 March 2020	Blog report from the front line in Italy

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Symptom management for adult patients with COVID-19 receiving end-of-life supportive care outside of the ICU	Informal collaboration of British Columbia doctors and pharmacists, Canada	<a href="https://palliativecare.med.ubc.ca">https://palliativecare.med.ubc.ca</a>	22 March 2020	Website also contains links to other COVID-19 resources
COVID-Ready communication skills	Vitaltalk, USA	<a href="https://www.vitaltalk.org">https://www.vitaltalk.org</a>	No date	
Pandemic palliative care: beyond ventilators and saving lives	Published article in the Canadian Medical Association Journal	<a href="https://www.cmaj.ca">https://www.cmaj.ca</a>	31 March 2020	COVID-19 palliative care plan tool