Where indicated maximum dosages should be regarded as <u>maximum</u> and unlikely to be starting doses. IF IN DOUBT DOUBLE CHECK. If still in doubt use minimum dose or not at all. (Please note that whilst dosages and drug uses listed are current accepted palliative care practice, some are "off licence" indications).

| | | STAT DOSE | 24 HR DOSE | CAUTIONS & ADVICE |
|---------------------------------------------|--------------------------|------------------------------|--------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|
| V O M I T T O O | Metoclopramide | 10mg (S.C) | 30mg - 40mg (S.C) MAX | Do not use in obstructive vomitting (including constipation) Be careful with young people. |
| | Cyclizine | 50mg (S.C) | 100mg - 150mg (S.C) MAX | Sedating, caution when patient has had Cyclimorph. Good general Antiemetic. |
| | Nozinan | 6.25mg - 12.5mg (S.C) MAX | 6.25mg - 25mg (S.C) MAX | May cause extreme sedation even at very low doses. Care in elderly. Needs normal saline for dilution. |
| R E E S T R L S N S A N L E S | Nozinan | 12.5mg (S.C) | 12.5mg - 50mg (S.C) MAX | Please note dosages for terminal restlessness, in less advanced cases or frail patients lower dose of 6.25mg may be more appropriate. |
| | Haloperidol | 0.5mg - 5mg (S.C) | 2.5mg - 15mg (S.C) MAX | Sedating. Dystonic and extrapyramidal reactions particularly in elderly. |
| | Midazolam | 2.5mg - 5mg (S.C) MAX | 10mg - 60mg (S.C) MAX | Short acting when given as stat dose. |
| F I T S | Stesolid | 10mg PR | N/A | Need to discuss sedation with family. Depending on stage of illness other treatments & investigations may be necessary after emergency treatment. |
| | Midazolam | | 20mg - 60mg (S.C) MAX | |
| S E C R E S T I O N | Hyoscine Hydrobromide | 400mcg (S.C) | 1200mcg - 2400mcg (S.C) MAX | Use early at first sign of secretions. May cause sedation which may not be acceptable to patient or relatives. |
| C O M C P O R N E N D S S I O | Dexamethasone | 8mg (IV / IM) | N/A | I V preferable route. |
| S P A S M | Buscopan | 10mg - 20mg (S.C) | 20mg - 80mg (S.C) MAX | For crampy abdominal pain. |