

ENNERDALE PALLIATIVE CARE UNIT HYDROMORPHONE INFORMATION LEAFLET

Dear

Your patient has been discharged home on HYDROMORPHONE (PALLADONE).

This is a strong opioid which is occasionally used as an alternative to Morphine. The range of side effects are similar, constipation is the commonest. Like Morphine it comes in slow release (12 hourly) and immediate release (4 hourly) formulations. The range of tablet strengths and Morphine equivalents are tabulated overleaf.

Your patient is currently on Hydromorphone SR 12 hourly (Palladone).

If they have breakthrough pain they can take:

Hydromorphone IR

The dose of Hydromorphone SR can be titrated up in 30-50% increments (as with MST).

The dose of Hydromorphone IR is approximately 1/6 of the total daily dose (as with Oramorph).

If you have any queries please phone:

Dr E Palmer (Consultant in Palliative Care, WCH)
Pharmacy
Palliative Care Unit (extension 4058)
Hospital or Community Macmillan Nurses

| MORPHINE | | HYDROMORPHONE | |
|------------------|---------------------------------|-------------------------------|-----------------------------------------|
| MST 12 hourly | ORAMORPH for breakthrough | HYDROMORPHONE SR 12 hourly | HYDROMORPHONE IR for breakthrough |
| 15mg | 5mg | 2mg | 1.3mg |
| 30mg | 10mg | 4mg | 1.3mg |
| 60mg | 20mg | 8mg | 2.6mg |
| 120mg | 40mg | 16mg | 5.2mg |
| 180mg | 60mg | 24mg | 7.8mg |