Know the cost of your medicines



Fact Sheet: Common Palliative Care Drugs

Analgesia

Opioids

Morphine -

Prescribe using the generic and not the brand name to enable the most cost effective product to be dispensed.

PO: Zomorph® MR 10mg caps (x60) = £2.15 vs. MST® MR 10mg (x60) = £4.37

Morphine vs. Oxycodone -

Use PO morphine 1st line. Oxycodone should only be used if morphine is not tolerated or contraindicated

- PO: Zomorph® 30mg (x60) = £3.59 vs. OxyContin® 20mg (x56) = £60.10
- PO: Oramorph® 10mg/5mL (x100mL) = £0.82 vs. OxyNorm® 5mg in 5mL (250mL) = £5.86
- PO: Sevredol® 10mg tabs (x60) =**£6.05** vs. OxyNorm® 5mg caps (x56) = **£8.92**

Fentanyl vs. Buprenorphine—

If needing >15microgram per hour of buprenorphine TD consider switching to fentanyl TD patch when clinically appropriate.

Fentanyl TD Patches (X5)	Buprenorphine TD Patches (X4)
100micrograms - £4.80	70micrograms - £30.34
75micrograms- £4.08	52.5micrograms- £22.76
37.5micrograms - £12.00	35micrograms - £9.48
50micrograms- £2.10	20micrograms - £55.16
25micrograms - £2.28	10micrograms- £30.29
12micrograms -£1.20	5micrograms- £16.90

Adjuvants

Gabapentin vs. Pregabalin-

Use gabapentin where possible. Pregabalin should only be considered if amitriptyline & gabapentin are not clinically indicated, or if significant tablet burden after rationalisation of ALL medication.

- PO: Gabapentin 100mg (x100) = £1.22 vs. Pregabalin 25mg (Lyrica®) (x56) = £71.49
- PO: Gabapentin 300mg (x100) = £1.97 vs. Pregabalin 75mg (Lyrica®) (x 56) = £71.49

Lidocaine 5% plasters—LTHT has recently switched to Lidocaine 700mg medicated plaster (Ralvo®).

Use for patients with localised allodynia only. Re-evaluate after 2 to 4 weeks and stop if ineffective. Patients on long term therapy should be assessed for continued need.

• Lidocaine 5% plasters = £80.80 (x 30), no smaller packs - very expensive as a discharge prescription!

Anticipatory Prescribing Prescription

Think - Hospices do **not** require anticipatory meds that patients have not been administered













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Anti-emetics and antipsychotics

Use the following cost considerations only when there is clinical equipoise between drug choices

Levomepromazine

- PO: 6mg tabs (ULM) = £28.80 (x 28), 25mg = £22.61 (x 84)
- SC: 25mg in mL = £7.44 (x10 amps)

Haloperidol

- PO: 1.5 mg tabs = £0.96 (x 28)
- SC: 5mg in 1mL = £40.89 (x10), 5mg in 1mL (ULM) = £55.04 (x10 amps)

Metoclopramide

- P0: 10mg tabs =**£0.16**(x28)
- SC: 10mg in 2mL = £0.70 (x 5 amps)

Cyclizine

- PO: 50mg = £4.74(x100)
- SC: 50mg in 1mL = £15.60 (x 5 amps)



SC: 4mg in 2mL = £1.06 (x 10), 8mg in 4mL amp =£0.97 (x 5 amps)

Granisetron

- SC: 1mg/mL in 1mL = £2.28 (x 5), 3mL = £5.04 (x 5)
- Granisetron patches = £67.20 FOR ONE PATCH

Laxatives

Co-danthramer is no more effective than other laxative combinations. Consider other laxatives alone or in combination.

- Movicol sachets (x30) -= £2.70
- Senna tablets (x 100) = £2.40 / 150ml bottle £3.48?
- **Lactulose** 300mL = £1.28
- **Sodium docusate** caps (x100) = £8.38,
- Sodium picosulphate sachets (x2) £2.15, 300mL Elixir= £4.78
- Codanthramer (Strong) 75mg/1000mg in 5mL (x 300mL) = £246.00

Management of seizures in dying patient

Levetiracetam (Keppra®) SC: 500mg in 5mL IV infusion = £142.56 (x 10 amps) vs

Midazolam SC: 10mg in 2mL = **£13.78** (x 10 amps)

Levetiracetam is possibly less sedating anti-epileptic at the end of life, although little evidence. Midazolam can continued to be used for the majority of patients with/at risk of seizures at the end of life; levetiracetam to be used with clinical justification.





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