

GARDEN HOUSE HOSPICE CARE SL ABSTRAL TITRATION AND ADMINISTRATION CHART

ADDRESSOGRAPH LABEL

Name: _____

Hospice No: _____

Guidance Notes

1. Abstral should only be considered for patients taking the equivalent of 60mg oral morphine for a week or longer
2. This chart should only be used for the titration of Abstral. During Titration, Abstral should **ALSO** be prescribed on the prn section of the drug chart and state - Please see Attached Abstral Titration Chart as shown in the example
3. When a therapeutic dose of Abstral has been achieved, the titration chart should be discontinued and the maintenance dose prescribed on the prn section of the drug chart as shown in the example
4. Different formulations of fentanyl containing products are not interchangeable. Patients switching fentanyl brands require a new dose titration.
5. The total dose for a single episode of breakthrough pain during the titration phase includes the first tablet(s) taken plus the supplemental tablet(s) if required
6. No more than four (4) tablets should be used at any one time - **NB Price per tablet is the same regardless of strength**
7. Patients should wait at least 2hours before treating another episode of BTP (breakthrough pain) with Abstral - consider prescribing an alternative analgesic alongside that can be given hourly if required
8. The usual recommendation is for Abstral to be administered for a maximum of 4 episodes of BTP in 24 hours, but there may be occasions when it may be appropriate to exceed that recommendation.

During the Titration Phase ensure administered doses are recorded on this form and not the main drug chart

[BTP = Breakthrough Pain]

BTP episode	Dose		Date	Time	Nurse signatures	Effective after 15-30 minutes? YES/NO	Instructions	Pain intensity score 15-30 minutes after treatment. 0 (no pain) - 10 (worst pain)	Are undesirable effects acceptable? YES/NO
1	First tablet	100 microgram tablet					If YES , stop titration. Continue with Abstral 100 microgram dose on main prescription chart If NO , give supplemental tablet of Abstral 100 microgram		
	Supplemental tablet	100 microgram tablet					Continue titration. Start breakthrough pain episode 2 with Abstral 200 microgram		
2	First tablet	200 microgram tablet					If YES , stop titration. Continue with Abstral 200 microgram dose on main prescription chart If NO , give supplemental tablet of Abstral 100 microgram		
	Supplemental tablet	100 microgram tablet					Continue titration. Start breakthrough pain episode 3 with Abstral 300 microgram		
3	First tablet	300 microgram tablet					If YES , stop titration. Continue with Abstral 300 microgram dose on main prescription chart If NO , give supplemental tablet of Abstral 100 microgram		
	Supplemental tablet	100 microgram tablet					Continue titration. Start breakthrough pain episode 4 with Abstral 400 microgram		
4	First tablet	400 microgram tablet					If YES , stop titration. Continue with Abstral 400 microgram dose on main prescription chart If NO , give supplemental tablet of Abstral 200 microgram		
	Supplemental tablet	200 microgram tablet					Continue titration. Start breakthrough pain episode 5 with Abstral 600 microgram		
5	First tablet	600 microgram tablet					If YES , stop titration. Continue with Abstral 600 microgram dose on main prescription chart If NO , give supplemental tablet of Abstral 200 microgram		
	Supplemental tablet	200 microgram tablet					Continue titration. Start breakthrough pain episode 6 with Abstral 800 microgram		
6	First tablet	800 microgram tablet					If YES , stop titration. Continue with Abstral 800 microgram dose on main prescription chart If NO , consider alternative treatment. Contact consultant for advice		

Decrease
Dose if
undesirable
effects are
unacceptable

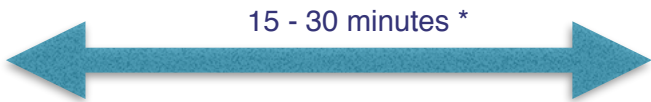


Increase
dose if
adequate
analgesia is
not obtained

Prescribing Doctor's signature _____

Date: _____

Guidance on use of Abstral (fentanyl citrate) sublingual tablets









*If adequate analgesia is not obtained within 15-30minutes, a supplemental tablet may be administered.

Decrease
Dose if
undesirable
effects are
unacceptable









Increase
dose if
adequate
analgesia is
not obtained

	First Tablet	Supplemental Tablet
Starting Dose	 100µg	 100µg
Next BTP Episode	 200µg	 100µg
Next BTP Episode	 300µg	 100µg
Next BTP Episode	 400µg	 200µg
Next BTP Episode	 600µg	 200µg
Next BTP Episode	 800µg	No supplemental tablet

Once an appropriate dose has been established, which may be more than one tablet, patients should be maintained on this dose.

Comprehensive range of tablet strengths for flexible dosing

 100 µg 200 µg 300 µg 400 µg 600 µg 800 µg

Distinctive tablet shapes and colour coded packs for easy dose identification.

Example of Drug Chart Prescribing on the PRN Side

During Titration Phase:

Abstral Titration		
DOSE	MAX FREQUENCY	SL
Pain		
SIGNATURE		DATE
Please see Attached Abstral Titration Chart		PH

During Maintenance Phase:

Abstral Breakthrough Pain Maintenance Dose		
_____ mcg	MAX FREQUENCY	SL
Wait at least 2 hours between breakthrough episodes		
SIGNATURE		DATE
Re-titration is required if background analgesia changes		PH