

Information for administration of subcutaneous medications by family member/friend

There may be times thatneeds a subcutaneous injection to relieve symptoms when no health care professional is present. We have therefore discussed with you giving such an injection.

It will be clearly explained to you:

- Name of drug(s)
- Dose
- Indication (reason for giving injection)
- Likely side effects
- Time interval before a further dose can be given
- Implications

You will be shown how to administer the injection, including:

- Handwashing
- Drawing up the prescribed medication
- Administering
- Correct disposal of sharps

You will be asked to record the following information on the log sheet provided:

- Date and time given
- Drug name
- Dose
- Signature

If you give more than 2 injections in 24 hours please telephone Oakhaven hospice (your nurse specialist from 8.30-4.30 Monday to Friday, or the in patient unit outside these hours). Please also telephone Oakhaven if you are unsure whether to give an injection.

Contact Numbers

Oakhaven hospice 01590 670346

Key nurse

GP

District nurse

Out of hours GP service