

Treatment Procedure

EQUIPMENT REQUIRED

- ♦ Sterile dressing pack – containing; plastic tray, apron, gloves, gauze swabs, sterile field, disposable bag.
- ♦ 0.9% sodium chloride for irrigating/cleaning wound.
- ♦ Activeheal Foam Island dressing or Tegaderm film dressing. If unsuitable use alternative foam dressing from wound care formulary.
- ♦ Intrasisite gel 8g.
- ♦ Morphine Sulphate injection 10mg.
- ♦ 2ml syringe & filter needle
- ♦ Plastic probe for mixing gel and morphine.
- ♦ Sterile spatula.
- ♦ Sharps bin

PROCEDURE

1. Check authorisation and appropriate documentation.
2. Record pain score as reported by patient.
3. Explain and discuss the procedure with the patient and obtain consent to proceed.
4. Prepare clean dressing field area as per Trust guidelines.
5. Draw up morphine sulphate 10mg and mix with Intrasisite Gel 8g in sterile plastic tray.
6. Remove old dressing and irrigate/cleanse the wound with saline.
7. Note size, appearance, odour and exudate from wound to document in notes.
8. Apply intrasisite gel and morphine solution directly to wound bed or onto dressing.
9. Apply secondary dressing to wound.
10. Dispose of any remaining mixture and any items which have been in contact with morphine in sharps bin.
11. Check that patient is comfortable and dressing is secure.
12. Complete documentation.
13. Record pain score 2 hours after dressing change.