

PROFORMA FOR CORTICOSTEROID USE

PATIENT STICKER

Please refer to Guidelines for use of steroids in cancer patients when completing this form.

ALREADY ON STEROIDS	
Indication:	
Type of Corticosteroid:	
Dose :mg	
Does this need monitoring: Yes/No Com	nment
If dose increased on admission follow as for	commencing steroids.
COMMENCING STEROIDS	
Indication:	
Type of Corticosteroid:	
Starting Dose:mg	
ALL PATIENTS	
Gastric protection: Already prescribed/Yes	i/No
If No, give reason:	
Osteoporosis prophylaxis: Yes/No/Not ap If No, give reason:	plicable as prognosis < 6 months
Date:	Name:
Signature:	Position:

MONITORING FOR COMMON SIDE EFFECTS

<u>Blood Glucose Monitoring</u> – document next review date as per guidelines at time of each review. (If patient diabetic, use usual BM monitoring sheet).

Day	Date	ВМ	Action (as per guideline)	Signature/designation
2				
7				
14				

Mouth Care – check weekly.

Week	Date	Comment	Action	Signature
1				
2				
3				
4				
5				
6				
7				

DOSE ADJUSTMENTS - document next review date as per guidelines at time of each review.

Review Date	Dose adjustment	Comment	Signature/designation		

D	IS	C	H.	A	R	G	Е

Steroid Card Given: Yes/No

Steroid Monitoring Sheet Completed: Yes/No **Ongoing review/Advice for discharged patients**:

Advice to GP

Advice to district nurses

Advice to hospital consultant Hospice Follow up arranged

Date:	Name:
Signature:	Position: