

Buccal Midazolam Epistatus®

Parent and Carer's Information Leaflet and
Care Plan for Children at Risk of Long Seizures (Fits)

Individual Emergency Care Plan for:

Name..... DOB.....

Typical seizure when Epistatus® needs to be given:

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When should Epistatus® be given?.....

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Dose: Give:mg =ml of Buccal Midazolam (Epistatus®; 1ml contains 10mg)

Special Instructions:.....

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Professional's Name..... **Signature**..... **Date**

If you have any questions or concerns contact:

Epilepsy Nurse Specialist: ☎.....

Consultant Paediatrician ☎.....

For further advice:

Children's Epilepsy Nurse Specialists:

Derby

Rachael Wheway

☎ 01332 785103

Mansfield

Kirsten Johnson

☎ 01623 622515 ext 6178

Nottingham

Catie Picton & Ann Brown

☎ 0115 9249924 ext 63814

CEWT website

www.cewt.org.uk

Epilepsy Action Website:

www.epilepsy.org.uk

Many seizures will stop on their own. Some seizures need help to stop and may cause problems if they continue too long.

When do I give Buccal Midazolam?

As well as this leaflet you should have had training on when and how to give Buccal Midazolam for your child. Buccal Midazolam may be given when a child or young person with epilepsy has:

- a generalised convulsive seizure lasting more than 5 minutes. (*These are seizures where the child does not respond, continues to be stiff and may jerk their arms and legs*). **OR**
- a pattern of convulsive seizures that stop then start again straight away without recovering in between and together go on longer than 5 minutes.

How do I store Buccal Midazolam?

Buccal Midazolam does not need to be stored in the fridge. Further details about storage can be found in the instruction leaflet supplied with the medication. Keep it out of reach of children. Check the expiry date before using. Ensure you take Buccal Midazolam with you if you are going out. School or other carers may also need to keep some and arrange training.

How often can I use it?

Do not use Buccal Midazolam more than twice in any 24 hour period. Allow at least 6 hours after recovery before giving a second dose. If the first dose does not work the ambulance or hospital may give a second dose after 10 minutes.

How do I measure the correct dose?



1. The Buccal Midazolam will come in a bottle marked "Epistatus®" with 4 small syringes.
2. Remove the safety cap from the bottle by pushing down and turning it anti-clockwise.
3. Take the syringe and, ensuring the plunger is pushed completely down, push the tip of the syringe into the hole in the top of the bottle.
4. Turn the bottle upside down and draw out the amount prescribed by your doctor.
5. Turn the bottle upright and



remove the syringe.

6. It is important to replace the lid on the bottle straight away.

How do I give the Buccal Midazolam?

1. If possible place your child on their side.
2. Place the tip of the syringe between the cheek and gums on the side closest to the floor.
3. Once in place, push the plunger down gently to give the medicine.
4. If your child is on their back give half the dose slowly in one side and then half in the other.



Does it work straight away?

Buccal Midazolam will take 5 to 10 minutes to work and most children will sleep for a while after the seizure has finished. They should be placed on their side during this time.

Do I need to call '999' for a paramedic / ambulance?

- If you are using Buccal Midazolam for the first time, call an ambulance straight after giving the midazolam. Some carers may wish to wait until the ambulance arrives on the very first occasion before giving the dose.
- If your child has had Buccal Midazolam and is still having a seizure 10 minutes after giving the dose, **OR** if your child appears to have any difficulty breathing or stops breathing, **call an ambulance.**

Are there any side effects?

Buccal Midazolam can make your child sleepy or restless. Very rarely it may slow down breathing.

Is it safe to give if my child is taking other medicines?

Yes. But do not give it with rectal diazepam.

Disclaimer

Some children have their own individual emergency plan which may differ from this leaflet. If you have any questions, please ask your doctor or specialist nurse. This information refers only to the brand of midazolam known as Epistatus®. Epistatus® does not yet have marketing authorisation for this use so cannot be advertised by the manufacturer. Separate information should be used for any other preparations of midazolam.